



We're here for you

As COVID-19 continues to change our lives, Olympus Solutions is striving to support you to achieve your employment aspirations, stay COVID safe and gain support.

We continue to follow advice from NSW Health and each office has a **COVID Safe Plan**. Most of your appointments will now be held **face to face** to meet your mutual obligation requirements and your Employment Consultant will discuss with you how you'd prefer to work with us. When visiting our office, you'll need to **sign in** via a **QR Code** on your mobile phone, if you need assistance, ask your Employment Consultant for any help.

Our Customer Service team is available at **1300 422 454** between 8am and 6pm Monday to Friday.

We continue to support you

These plans include:

- Adding new jobs weekly to our **Jobs Board**
- Providing you information on Traineeships and Apprenticeships
- Alerting you of work experience and open vacancies in your local area
- Allowing you to access initiatives that help you find and secure work
- Providing vocational support, counselling, and therapy services

What is Disability Employment Services?

Disability Employment Services (DES) is an initiative by the Australian Government to help people with an injury, mental health condition or disability find a job, and keep it. Olympus Solutions, the employment division of Ability Options, can help you improve your skills, work with you to create a job plan that will focus on your current strengths and abilities, and assist you to learn new ones if required.

These include:

- One-to-one support from an Employment Advisor
- Plan and achieve your career goals
- Provide vocational counselling
- Advice on job-searching, resume writing and interview skills
- Access to an online job board
- Exclusive vacancies from our network of employers we work with
- Receive ongoing support once you find work
- Arrange workplace modifications if required.

What is jobactive?

jobactive is an Australian Government initiative that connects you with employers through a network of jobactive providers. Olympus Solutions is a leading employment provider and we're here to assist you to find the job that's right for you.

What can we do for you?

- Work with you to develop a Job Plan
- Write or update your resume
- Provide skills assessment and training
- Assist you to look for work/apply
- Connect you with local businesses looking for staff like you
- Provide on the job support once you've started work.

What is ParentsNext?

ParentsNext is a program that aims to enable early intervention and assistance for parents with young children that are of potential risk of dependency on long-term welfare. Olympus Solutions equips you with the means to make the most of your pre-employment, by identifying, reaching, and assisting both education and employment goals. This includes participation in activities, making connections between parents, local services, and the community. We help parents with young children prepare for employment with a variety of services.

Services include:

- Confidence building strategies
- Assistance to manage stress and anxiety
- Career counselling
- Connecting with the community
- Creating achievable goals
- Finding individual resources
- Career counselling
- Communicating with an employer
- Creating resumes and cover letters
- Assisting with job applications

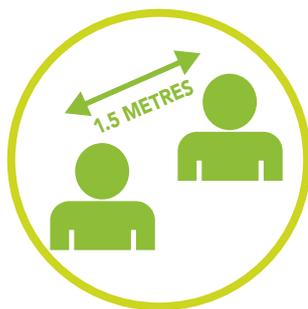




Continued COVID Safe Measures

Mask wearing in Disability is still in-place, this is to ensure your safety. As of early February, NSW has no COVID-19 hotspots, but it is important to stay safe even if we are returning close to normal.

In keeping you safe, our communities work together, giving support and complying with regulations. For this reason, your employment consultants will continue to keep you safe by:



Maintain social distancing and remain updated on the right distance kept between others



Testing, if unwell, or display any COVID-19 symptoms



Mask wearing where necessary, and remaining updated on whether masks are compulsory in certain areas



Isolating, staying home, maintaining a safe environment for everyone



Keeping good hygiene, regular handwashing



Remembering to use QR codes, which applies for everyone visiting our sites



Restricting movement, remembering not to move between sites unless for a safety



Using alcohol-based hand sanitizers when you can't use soap and water

We have recently launched a **chat function** on the **abilityoptions.org.au** website as an alternative means to **communicate with us**.

Self Help Supports

Our **Therapy Services** are still available to support you with your career goals. We can work with you to identify and give strategies to reach Individual 1:1 and group sessions focusing on vocational skills and employment and development goals.

Our Vocational Counselling is now available. Vocational Counselling includes professional and personal counselling, that incorporates an additional focus on career development, as well as your specific needs. The goal of Vocational Counselling is to help you achieve your career goals in a positive and friendly way.

We are focus the following areas to assist you with your work and life goals.

- Managing Anxiety
- Drug and Alcohol counselling
- Unemployment Stress
- Budgeting and Financial worries
- Self-Care
- Coping with Stress

To find out more and register your interest visit **jobactive therapy services**.

For everyone's safety, please do not attend our sites if you are unwell or if you are showing flu like symptoms, including a sore throat, cough, fever, or difficulty breathing, have been in direct close contact with a confirmed case of COVID-19, or have recently returned from overseas. Simply call us on **1300 422 454**. We will guide you through what to do next.

If you are feeling anxious and would like to speak to someone, there are many services available for support.

Further Helplines

Lifeline Australia: **13 11 14**

Kids Helpline: **1800 551800**

NSW Mental Health Line: **1800 011 511**

If you have any questions or concerns, please call our **Customer Service Team 1300 422 454**.

For information regarding our response to COVID-19, visit: **abilityoptions.org.au**

Why choose Olympus Solutions?

- Our approach is personalised to suit you
- Our experience creates results
- We're with you for the long haul
- We are a leading employment provider.

Olympus Solutions is the employment service of Ability Options which has been supporting people for over 40 years.

FOR MORE INFO ►

For more information please call **1300 422 454**
or email **info@olympus.org.au** or **jobseeker@abilityoptions.org.au**

 A member of the Ability Options Community

OLYMPUS
SOLUTIONS 